

**NOTICE AND AGENDA OF MEETING OF THE NAPEBT WELLNESS COMMITTEE OF THE  
NORTHERN ARIZONA PUBLIC EMPLOYEE BENEFIT TRUST**

Notice is hereby given to the general public that the NAPEBT WELLNESS COMMITTEE will hold a meeting open to the public on **Friday September 20, 2019, 10am-12:00pm County Health Department 2625 N. King St. Birch Room, Second Floor.**  
**Call In Option: 1-515-604-9788 PIN: 723-505**  
**Link to supporting materials on SLACK**

**AGENDA**

1. CALL TO ORDER

2. COMMITTEE MEMBERS AND ALTERNATES:

Katie Wittekind	NAPEBT	Emily Morton	CCRS
Amber Baker	NAPEBT	Jen Caputo	City
Jen Moore	FUSD	Jessica Foos	City
Meg Miller	County	Lynn Hill	NAIPTA
Maggie Arellano	County	Rhonda Cashman	NAIPTA
Rebekah Meyer	County	Allison Duff	Vera
Mike Townsend	County	Julie Almond	Vera
Rosa Mendoza-Logan	CCC	Shawna Bowen	Vera
Kim Shaw	CCC		
Linda Barker	CCC		
Jeanie Confer	CCRS		

3. AGENDA ITEMS –need to add note taker, and look at plan

- A. Intro Activity:
- B. Note Taker Sept: County
- C. Agency Updates & 3 Year Plan
- D. Vendor Updates
  - a. Classes & Events
  - b. Mental Health First Aid
  - c. 1on1 Nutrition (dietician program same thing-from email)?
  - d. Website Admin
  - e. Parenting
  - f. Stop Stress
  - g. Class feedback?
- E. Meeting Facilitation
- F. SLACK is “out”, Teams is “in”
- G. Health Fair Donations & Food Truck
- H. Awards Banquet Subcommittee
- I. Annual Review to Board
- J. Strategic Plan Review
- K. Environmental Scholarship
- L. Vera
- M. August Action Item Reviewal
- N. September Action Items

a.

*\*(Decision Needed)*