

**NOTICE AND AGENDA OF MEETING OF THE NAPEBT WELLNESS COMMITTEE OF THE
NORTHERN ARIZONA PUBLIC EMPLOYEE BENEFIT TRUST**

Notice is hereby given to the general public that the NAPEBT WELLNESS COMMITTEE will hold a meeting open to the public on **Thursday June 20, 2019, 10am-12:00pm County Health**

Department 2625 N. King St. Birch Room, Second Floor.

Call In Option: 1-712-770-5505 PIN: 594430

Link to supporting materials on SLACK

Note Taker: ?

AGENDA

1. CALL TO ORDER

2. COMMITTEE MEMBERS AND ALTERNATES:

Katie Wittekind	NAPEBT	Emily Morton	CCRSD
Amber Baker	NAPEBT	Jen Caputo	City
Jen Moore	FUSD	Jessica Foos	City
Meg Miller	County	Lynn Hill	NAIPTA
Rebekah Meyer	County	Rhonda Cashman	NAIPTA
Mike Townsend	County	Allison Duff	Vera
Rosa Mendoza-Logan	CCC	Julie Almond	Vera
Kim Shaw	CCC	Shawna Bowen	Vera
Mitch Driebe	CCC		
Jeanie Confer	CCRSD		

3. AGENDA ITEMS

- A. Intro Activity
- B. Mental Health First Aid
- C. Vera: Marketing, Integration, and Engagement
 - a. Whole Health Challenge (dates set & non-profit chosen)*
 - b. Sleep Challenge/ Support
- D. Program Plan Review
 - a. Meeting Dates
- E. Celebration Sub Committee
- F. Champion Training Date*
- G. Banquet Date and Location*
- H. Program/ Agency Contributions
 - a. Increased Budget for Agencies
- I. Welcoa Conference Update
- J. Classes
 - a. Sexual Health scheduled
 - b. Page Listening Event
 - c. Parenting Class Vendor*
- K. 2019 Survey Results
- L. Document Sharing Platform
- M. May Action Items
- N. June Action Items

**(Decision Needed)*