



## Meeting Agenda

**Date:** Feb 28, 2020 **Time:** 10am-12pm  
**Meeting Title:** Wellness Steering Committee **Location:** County Health-  
2625 N. King St  
Birch Room

**To call into meeting: 1-515-604-9788 PIN: 723-505**

**Meeting materials posted on Microsoft Teams**

Committee Members	Agency
<b>Katie Wittekind</b>	NAPEBT
<b>Amber Baker</b>	NAPEBT/ FUSD
<b>Jen Moore</b>	FUSD
<b>Ginger Stevens</b>	FUSD
<b>Erika Philpot</b>	County
<b>Meg Miller</b>	County
<b>Maggie Arellano</b>	County
<b>Rebekah Meyer</b>	County
<b>Julie Almond</b>	Vera
<b>Shawna Bowen</b>	Vera

Committee Members	Agency
<b>Rosa M-Logan</b>	CCC
<b>Kim Shaw</b>	CCC
<b>Helena Babiski</b>	CCC
<b>Jeanie Confer</b>	CCRSD
<b>Jen Caputo</b>	City
<b>Jason Cook</b>	City
<b>Rhonda Cashman</b>	NAIPTA
<b>Lynn Hill</b>	NAIPTA

### Roles

<b>Note Taker</b>	Amber Baker
<b>Tech Issues</b>	Amber Baker

*Note: Agenda items may change order on the day of the meeting.*



Agenda Item	Responsible Person	Purpose
10:00 Intro Activity	Katie	To bring group together and build collaboration among team
10:15 Sub Committee Updates	Katie	Motivational Inquiry timeline, Marketing, Well Site RFP, Awards Banquet
10:30 Budget	Katie	To review budget and current spending
10:45 NAPEBT Board Update	Katie	To review proposed budget cuts discussion and timeline
11:00 Break		
11:05 Online Class Form	Katie	To review class, form online submittal
11:15 Yoga Proposal	Katie	To review a proposal for yoga at a school
11:35 MOM schedule	Katie	Show agencies the mom schedule and ask for it to be updated.
11:40 Vera Update	Shawna	To discuss integration, sugar challenge, etc.
11:50 Agency Updates	All Agencies	To update entire committee on current and upcoming agency events.
11:55 Task List Review & Up Coming Events	Katie Wittekind & Amber Baker	To review tasks for next month and upcoming event dates (Financial Challenge, Poker Run Date & Environmental Support Scholarship, retreat date)

**NEXT MEETING DATE: March 27th**

Task Item	Responsible Person	By When?
Update MOM doc with scheduled MOM events	All Agencies	ASAP
Let Amber & Katie Know about facilitation of events or presentations needed at Agency	All Agencies	Monthly